

5 Questions to Ask Families

What does your child do that makes you smile?

This sets the tone for a respectful conversation with families.

What does your child do that makes them smile?

This helps you understand the youth's favorite activities, strengths, reason they chose FIRST. etc.

What makes your child angry or sad?

This lets you know what triggers there may be to behaviors so you can anticipate them.

What does it look like when your child is angry or sad?

This will let you know what you will see if a youth is angry or sad (gestures, facial expressions, etc).

What should we do when that happens?

This lets you know what calming techniques work for the youth.

Remember:

You don't need to know a diagnosis!

You just need to know what will help the team member to be successful on your team.